



Massage Therapies

Services performed in the comfort and convenience of your guest room or in our treatment room in the Fitness Center located on the 2nd floor.

SIGNATURE MASSAGE

Choose from a range of Massage Therapy Techniques including Swedish, Deep Tissue, Sports or Reflexology or ask your therapist to customize your massage treatment with a stress-busting combination of any or all of these techniques.

• **50 Minutes \$150 / 80 Minutes \$225**

AROMA JOURNEY MASSAGE

Unwind during a sensory balancing massage experience with your choice of four Aromatherapy blends infused with essential oils – Harmony, Lavender, Soothing, or Revitalizing. Reawaken your senses. Reconnect with nature. And restore your health.

• **50 Minutes \$160 / 80 Minutes \$235**

CALM MIND MASSAGE

Quiet the mind and soothe body and spirit. Temples and scalp are massaged with Calm Mind Oil, a restorative blend of peppermint and lavender help to relieve headache tension and stress. Lavender Body Oil is used to achieve an overall feeling of bliss as we customize your massage with a combination of techniques.

• **50 Minutes \$160 / 80 Minutes \$235**

MOTHER-TO-BE HARMONY MASSAGE

Designed to address the special needs of the mother-to-be, we combine tried and tested safe pregnancy massage techniques with a Chinese Geranium-infused oil that promotes feminine energy and has a harmonizing effect on women. Helps to relieve tension in your lower and upper back and alleviate swelling in the hands and feet.

• **50 Minutes \$160 / 80 Minutes \$235**

REVITALIZING HOT STONE MASSAGE

Melt your cares away while smooth, polished river rocks are heated and used to massage the body. Stones are left in patterns on the body to balance the energy centers. Revitalizing Body Oil adds a wonderful aromatic element to the experience with essences of rosemary, juniper and grapefruit to reduce stress, stimulate circulation, as well as balance and invigorate the body.

• **50 Minutes \$180 / 80 Minutes \$270**

ADDITIONAL TREATMENT OPTIONS

Skin Care and Nail Care services also available in the comfort and convenience of your guest room. Contact us for pricing and availability: 888.772.7020.

APPOINTMENTS

- Please call the Concierge at extension 7152 or call 888.772.7020 to make an appointment.
- Services are available 7 days a week from 9am – 9pm. Appointments outside of regular hours may be available at an additional fee.
- Spa Services may be billed to your room account. Major credit cards and cash are also accepted upon completion of service.
- If you must reschedule or cancel your appointment, please provide at least 4 business hours notice to avoid charges in full.